

Saturday, February 8

- Childbirth & Newborn Education - 10:00am

Thursday, February 13

- Stroke Support Group - 1:00pm
-

Childbirth & Newborn Education

Time: 10:00am

Our FREE childbirth and newborn education classes are sponsored by the Twin County Regional Healthcare Women's Center. We prefer the expectant mother to be at least 24 weeks gestation. There are six events throughout the year. One support person is welcome to attend the class with the mother-to-be. Lunch will be provided to all participants.

Stroke Support Group

Time: 1:00pm

Stroke support provides a connection with other stroke survivors and caregivers. You will receive useful resources, experience an unconditional acceptance from the group, and an opportunity for support, empathy, and compassion.

Twin County Regional Hospital Stroke Support Group



TWIN COUNTY
Regional Hospital

A Duke LifePoint Hospital

TCRH.org

The goal of this stroke support group is to provide:

- A connection with other stroke survivors and caregivers
- Useful resources
- An experience of unconditional acceptance
- An opportunity for support, empathy and compassion
- A safe place to ask questions with knowledgeable healthcare professionals

Where:

Curtis Bartlett Medical Complex

Outpatient Rehabilitation
199 Hospital Drive, Ste. 1
Galax, VA 24333

Please RSVP
276.236.1675

Dates: (2nd Thursday of each month)

Jan. 9, 2025
Feb. 13, 2025
March 13, 2025
April 10, 2025
May 8, 2025
June 12, 2025
July 10, 2025
Aug. 14, 2025
Sept. 11, 2025
Oct. 9, 2025
Nov. 13, 2025
Dec. 11, 2025

Time:

1 – 2 p.m.